## Dr. Andrea Waters-Rist Leiden University

## NOVEL BIOARCHAEOLOGICAL RESEARCH ON BREASTFEEDING AND WEANING PRACTICES IN PAST POPULATIONS





Dr. Andrea Waters-Rist is currently a tenured Assistant Professor in Human Osteoarchaeology at Leiden University, where she is Co-Director of the Laboratory for Human Osteoarchaeology and Director of the Stable Isotope Processing and Thin Sectioning Laboratory. Her main research interest is the interrelationship of health and diet in past peoples through stable isotope reconstructions of diet, and the assessment of markers of activity, physiological stress, and disease in human skeletal remains. Recent research has focussed on the use of synchrotron light technology to reconstruct infant feeding behaviour. Dr. Waters-Rist also conducts dental anthropology research for the purposes of reconstructing activity patterns and assessing biological relatedness. Her research has involved analyses of human skeletal collections from Siberia, The Netherlands, Spain, Nicaragua, Mexico, Greece, and Canada. Her recent focus has been on post-Medieval Dutch populations, pre-Columbian Nicaraguan agriculturalists, and Iron Age Siberian pastoralists.